

DR. PRICE'S CREAM Baking Powder

A Specialty for Home Baking



Fifty Years the Standard.
Makes finest cake and
pastry, light, flaky biscuit,
delicious giddle cakes—
palatable and wholesome.

Ingredients found in the
low-priced baking pow-
ders are deleterious. The
active principle is a min-
eral acid derived from sul-
phuric acid, oil of vitriol.

NO ALUM
No Lime Phosphates

Osteopathic Treatment.

(From Osteopathic Health.)
[Published by direction of Dr. W. J. SMITH, Arcadia Valley Sanitarium, to whom application for further information may be made.]

(Continued from last week.)
PNEUMONIA AND THE BEST WAY TO TREAT IT.

Of one series of 6,000 cases of pneumonia reported, 68.8 per cent. occurred during the winter and spring months. Those figures are verified by other reports and are reliable.

"Catching cold is often followed by pneumonia." This is the brief statement of a well-known author, given in a text-book on the treatment of disease. Every physician will endorse it.

Do you see the connection between these two paragraphs?

Nearly seven out of every ten cases of pneumonia occur during the season when "colds" prevail with the greatest frequency.

Now add to this record the fact that the mortality in pneumonia is very high—the death-rate being from eighteen to twenty-five out of every hundred cases, and the further fact that deaths from pneumonia far outnumber those of any other single disease with the one exception of the Great White Plague, and what is the logical deduction?

The inevitable, indisputable fact stands before us that an appalling portion of deaths begin in a simple "cold in the head."

It would seem superfluous and unnecessary to apologize for emphasizing and iterating the advice repeatedly given elsewhere in this journal: "Never neglect a cold." Let it sink in—deep!

WHAT DEPRESSES NERVOUS SYSTEMS FAVORS PNEUMONIA.

There are other causes of pneumonia, however. Some other diseases (as diabetes or Bright's disease) cause a predisposition. Any habit or mode of living that depresses the nervous system increases the liability of attack. This is especially true of alcoholism.

Not overlooking the bacteriological factor (the micrococcus lanceolatus, diplococcus pneumoniae, or pneumococcus), we pause to remark that in considering germs in relation to this and other diseases, there must be soil as well as seed. No pneumococcus can thrive in perfectly healthy lung tissue. If it could we should all speedily fall victims of this disease for the germs are frequently found in the mouth, nose or throat of a healthy person, and examination would probably reveal their presence at one time or another in the respiratory organs of all persons.

Without attempting to discuss the nature and progress of the disease, which would profit neither writer nor reader, let us see what can be done and what is being done to lessen the great mortality and to promote cure.

(To be continued.)
Arcadia Valley Cook Book—new and revised edition—\$1. For sale at this office.

Nicaragua.

There is a big uproar being made about the execution of the two Americans, Cannon and Groce, in Nicaragua, but the government is very careful to allow nothing but the barest and briefest news to leak out about the circumstances that led up to their death. It is said they were soldiers of fortune, and were taken as rebels against the Nicaragua government. Zelaya claimed they were spies. Were they? The answer to this is of tremendous importance, but no answer is forthcoming. Rebels against the constituted authority they undoubtedly were and while the rules of war do not admit of the execution of captives of war, there is a distinction if not a difference between such captives and rebels.

Taft, with his judicial lethargy and love of legal casuistry is not likely to do anything rash, but it is possible that the money lords of Wall street see in Central America opportunities of exploitation, and if so, it is likely this country will have to shoulder another big hunk of white man's burden. Whether there is justification for interference or not, will not make any difference. Panama was without the justification of anything that looked like an excuse, but we took it away from Colombo by right of sheer might.—The Centinel.

State-Wide Prohibition 1910.

The greatest issue that will be decided by the people of Missouri at the general election in 1910 will be that of state-wide prohibition. Under the initiative and referendum, less than 25,000 petitioners can submit to the voters this great question. Petitions for this purpose are now in the hands of the people in all parts of the State and thousands of signatures have already been secured. In a very few weeks the requisite petitions will be in the hands of the secretary of state. He will then have no choice but to place the issue on the official ballot and submit it to the vote of the people.

The submission of the question, therefore in the next general election is inevitable whether we believe in the wisdom of submission or not. The only alternative that now remains open to any citizen is as to which side of the issue he will support with his vote and influence. In November, 1910, about 500,000 Christian voters will answer this momentous question. The state committee of the constitutional amendment association awaits with confidence the enlightened verdict of the people.

This mighty conflict will decide the future of the great imperial state that lies in the very heart of the Republic and forms the great commercial gateway to the West. The most stupendous brewing interests in the world are located in the metropolis of this state.

The entire Mississippi basin and the West are under tribute to these breweries, and are pouring into their coffers more than \$3,000,000

LAUS KNOCKERIS!

The knocker has lived since the world it began,
In every clime and in every nation.
He knocks and he knocks, and full many a plan
Upsets of the planner's creation.

He wants to be shown all their ins and their outs,
How planned and by whom and the reason.
In matters of State he knocks when he doubts,
Which leads him at times to high treason!

The Christians were knockers a long time ago—
They knocked at the gods of the Pagan;
They knocked and they knocked till the world came to know
The true from the false—God from Dagon!
The Master himself was a knocker who purged
The earth of its graft and its evil;
The short-changing priests from the temple he scourged,
And named as their patron the devil!

Displeased Galilee the men who had proved
The earth was a flat, bounded circle;
Who held, by the text, that the sun round it moved,
And that to deny it must work ill,
Imprisoned for knocking was he, and reviled
For stating a truth he'd discovered
Concealed in fair Nature's own book, undefiled—
No tome from old ruins recovered!

The commons of England were knockers right bold!
They knocked 'gainst the sin of oppression
Till Charles lost his throne and his head, as we're told,
And then of their own took possession.
Our Fathers were knockers from Knockerville straight—
They knocked at King George and the Tory
With earnest endeavor, for trying years eight,
Now glorious in song and in story!

Had canny old Scotland had knockers galore
To knock at the great South Sea Bubble,
Ere people had ventured their provident store,
What saving of grief and of trouble!
And well if the sanguine, mercurial Gaul
When Laws, a progressivist noted,
Concocted a scheme to enrich one and all,
Had knocked at the graft he promoted!

The wrongs and the ills to the world that are known
Come not from the knocks of the knocker,
What though he expend in defense of his own
The ultimate shot in his locker.
But O, of the self-seeking grafter beware,
Who cunningly plans to deceive you!
With artful design and promises fair
He seeks of your cash to relieve you!

He blows into town, with a cheek above par,
Unwelcomed, unknown, uninvited,
His bridges behind him, his past hid afar
From questioning "natives" benighted.
These "natives" he finds are uncommonly "slow"—
Unskilled in the art of procuring
The quid of a neighbor without a pro quo—
A field to your grafter alluring!

The grafter the knocker abundantly hates,
And not, I must own, without reason:
The buzzard and eagle can never be mates,
No matter the place or the season.
Since grafters will graft, so the knocker must knock—
All hail and long life to the knocker!
He has for his target a carrion flock
And plenty of shot in his locker!

The parsons proclaim that old Satan knocks, too—
A knocker of souls without ceasing;
He knocks at the good, at the just and the true,
With venom and hate e'er increasing.
But not at the grafter, his pupil, knocks he—
A pupil most apt to his teacher!
He knocks at the knocker unwilling to be
The partner or dupe of his creature.

Eliminate graft and the knocker will go,
Along with his ended vocation,
For "For" and "Against" aye together, we know,
Are bound in the plan of Creation!
All hail once again to the knocker of wrong,
Upheld by his arm against evil!
His armor be proof, his sinews wax strong,
In battle with Graft and the Devil!

E. D. A.

every year. Liquor forces driven from other states by the march of the temperance cause are swarming into Missouri to augment the strength of our opponents. In view of the gigantic struggle with which we are confronted, it is confidently hoped that every citizen who is opposed to the devastation that is being wrought by the liquor traffic will enlist without delay in the active prosecution of this great movement to the end that Missouri may be redeemed.

G. O. NATIONS,
Treasurer Constitutional Amendment Association.

FOR SALE—MACHINERY, ETC.

The undersigned will sell either separately or together, all of the Machinery, Engines, Pumps, Washer-plant, Belts, Tools, Household Furniture, one Horse, and certain old buildings belonging to the Big Muddy Coal & Iron Company. For particulars, call on or write, ARTHUR HUFF, Ironton, Mo.

REGISTER office for job work.

Source of Profit to Women.
Illuminating of documents is a new field of work for women in England, and it might recommend itself as a congenial and profitable employment for women in this country.

Mrs. Hamer-Jackson of London is urging women to take up the work, which she says properly belongs to them. Mrs. Hamer-Jackson is one of the best illuminators in England. She makes a large income and does all her work at home.

She describes illuminating as an art. Her work is devoted almost exclusively to the decoration of public addresses, books and cards in the fine floral scrolls and designs, often spotted with gold and silver, in the style of the old Anglo-Saxon and Gothic manuscripts.

Mrs. Hamer-Jackson says there is practically unlimited work to be done for private persons. It is her plan to organize a school for the instruction of young women in the work.

Intellectual Evolution.
Visitor—Waldonia, are you reading Robert W. Chambers' story "The Boston Child—Pardon me for interrupting you, Mrs. Wayoff, but I passed through your Robert W. Chambers stage three years ago.

WE CAN SAVE YOU MONEY!

MILLNERY!

Making Room for CHRISTMAS!

We need our Millinery Room for our Big Christmas Display!

We are making a **SPECIAL PRICE** on every Child's, Misses' and Ladies' Hat in the House. Now is the Time to Buy! We have some Beautiful Hats on sale. COME AND SEE THEM.

UNDERWEAR.

We have now on sale hundreds of all kinds of Garments of the well known "MONARCH MILLS" make for Men, Women and Children. This is a Splendid Make of Underwear, and will wear from three to four seasons.



Men's U. Suits, \$1
Men's Med. Weight Ribbed, Extra Good, per Garment, 50c
Men's Extra Heavy Fleece Lined, per Garment, 45c & 50c
SPECIAL—Full Suit Underwear, Drawers and Shirt, 85c
This is a Splendid Bargain DON'T MISS IT!
Ladies' good weight Fleece Lined Pants or Vests, 25c
Ladies' Extra Heavy Fleece Lined Pants or Vests, 50c
Ladies' Very Heavy Fleece Lined Pants or Vests, 50c
Ladies' Union Suits, good weight, Fleece, 50c
Ladies' Extra Fine Fleece U. Suits, 75c
Children's Fleece Lined Single Garments, 15 to 35c
Union Suits, 25c
Misses' Single Garments, Fleece Lined, 25c, 35c, 50c
Union Suits, 25c, 50c & 75c
Boys' Single Garments, Fleece Lined, 25c, 30c, 45c, 50c
Union Suits, 25c, 60c
The Boys' 60c Union Suits are Very Fine --Very Heavy--
Infants' Wool Vests, Assorted Sizes, 25c
BOYS' SUITS.
\$1.00, 1.50, 1.75, 2.00, 2.25, 2.50, 3.00, 3.50, 4.00, 4.50, 5.00

SHOES



We have the Exclusive Sale in Ironton of the well known PETERS SHOE Co.'s Shoes.

Men's Fine Shoes, \$1.50, 1.60, 2.10, 2.35, 2.45, 2.50, 2.85, 3.00, 3.25, 3.50, 4.00.
Men's Work Shoes, \$1.50, 1.60, 1.75, 1.85, 2.00, 2.10, 2.25, 2.50, 2.75, 3.00, 3.50.
Boys' Shoes, \$1.00, 1.25, 1.50, 1.60, 1.75, 1.85, 2.00, 2.10, 2.60, 3.00.

Ladies' Fine Shoes, \$1.50, 1.60, 1.75, 1.85, 2.00, 2.25, 2.50, 2.75, 3.00, 3.50.

Ladies' Heavy Shoes, 90c, \$1.00, 1.25, 1.35, 1.50, 1.60, 1.85, 2.00.

If You Want to Buy Good Shoes, Low Priced, Go and See Brown's Shoes.

Christmas and New Year Cards by the thousand at Brown's.

I will pay fifteen cents a pound on foot for Christmas turkeys. Come and make arrangements for delivery. F. O. CODDING.

FOR SALE—A Wind-Mill; steel frame, sixty feet high, with 12-foot fan. Never been used. A water-tank of 650 gallons capacity. Cost \$190; will sell for \$100. For sale because not needed.

Also, two colts, 12 months old, and two colts, 7 months old; the latter sired by Rudy's well-known stallion. Two horses, well broken and good workers, will be sold on reasonable terms. Inquire at "Mountain view," formerly known as the Langdon place. R. D. LEWIS.

Bargains, genuine bargains, in everything in the saddle and harness line. McKinley, I. O. O. F. store room, Ironton, Mo.

Wheat, Bran, Shipstuffs, Corn Corn chops, Hen feed and Chick feed. Lowest prices. LOPEZ STORE CO.

FOR SALE, CHEAP—One 100-horse-power, stationary engine, in good condition. Apply to Schneider Granite Co., Graniteville, Mo.

DR. F. W. TRAUERNICHT

DENTIST

IRONTON, MISSOURI.

Office in the Academy of Music Building, Main Street.

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CLOTHING.

We have never offered as Attractive a Line of Clothing as we offer this Winter.

MEN'S SUITS.

\$4.50, 5.75, 6.00, \$7.50, 8.00, 9.00, \$10, \$12 and \$15. SPECIAL.

Our Men's \$7.50 Suit. "Special," is a Wonder.

Boys' Knee Pants

25c, 35c, 40c, 50c, 60c, 75c, \$1, 1.25, 1.50, 1.75, 2.00, 2.25, 2.50, 2.75, 3.00, 3.50, 3.75, 4.00, 4.50, 5.00.

Men's Pants

85c, \$1.00, 1.25, 1.50, 1.75, 2.00, 2.25, 2.50, 2.75, 3.00, 3.50, 3.75, 4.00, 4.50, 5.00.

OVERCOATS.

Men's Overcoats, \$3.25, 3.40, 5.00, 6.00, 7.00, etc.
Boys' Overcoats, \$1.60, 2.00, 3.00, 3.25, 4.00, 5.00, etc.

Misses' Shoes, 90c, \$1.00, 1.15, 1.25, 1.35, 1.75, 2.00, 2.50. Child's Shoes, 50c, 60c, 75c, 85c, 95c, \$1, etc. Infants' Shoes, 25c to 75c.

Sewing Machines and Musical Instruments repaired. H. DAVIS, Phone 32.

AMERICAN FENCE



MADE BY American Steel & Wire Co.

A sound, substantial, enduring fence, built on elastic, hinged-joint principle—the most scientific, practical and perfect fence principle known. It yields to great and sudden pressure but returns again to the original shape.

Thoroughly galvanized and protected against weather.

FOR SALE BY

W. E. BELL & SON.

The above named Wire is carried in Car Lots, all heights and stays, in 20 and 40 rod rolls.

Also, a Special Poultry and Rabbit Fencing, suitable for Yard and Garden, in 10 and 20 rod rolls, 40 and 58 inches high. All persons contemplating buying will do well to see W. E. BELL & SON, BELLEVUE, MO.